

Wednesday 16<sup>th</sup>  
September 2026  
11am-5pm



Location: Sheffield  
Hallam University

# ASO EARLY CAREER NETWORK DAY

Time	Topic	Speaker
<b>11:00 – 11:30 – Registration: Tea/coffee, &amp; snacks</b>		
<b>11:30 – 12:30</b>	1 minute, 1 slide flash talks from delegates	Delegates
<b>12:30 – 13:30</b>	Session 1 – Stress Management & Productivity as an Early Career Professional	Dr Peter Olusoga – British Psychological Society Chartered Psychologist
<b>13:30 – 14:30 – Lunch (Sponsor Talk – TBC)</b>		
<b>14:30 – 15:30</b>	Session 2- PPIE & Research	Kath Sharman – PPIE Representative, Founder & Managing Director of SHINE
<b>15:30 – 15:45 – Break</b>		
<b>15:45 – 16:45</b>	Session 3- Navigating Careers	Dr Liz Evans – Durham University
<b>Social – TBC</b>		