

2025 ASO COMs Meeting Programme

ASO's Centres for Obesity Management (COMs) meeting was developed by The Association for the Study of Obesity. Eli Lilly and Company has provided financial support towards this event in the form of a sponsorship in return for a non-promotional stand and non-promotional symposium, but has had no input into the conference agenda, speaker selection, or presentations, except for their sponsored session, for which Eli Lilly and Company is fully responsible for.

Registration and Coffee: 08:45 - 09:15	
Session 1: MDT approach to complex cases 09:15 - 10:45 Chair: Dr Claudia Coelho Speakers: Prof James Byrne (Surgeon), Ms Lindsay Cary (Dietitian), Ms Karen O'Donnell (Nurse), Dr Emma Shuttlewood (Psychologist)	
09:15 am	Case 1: Gallstones
09:45 am	Case 2: Binge eating
10:15 am	Case 3: Weight regain post bariatric surgery
Coffee Break: 10:45 - 11:00	
Session 2: MDT approach to complex cases 11:00 - 12:30 Chair: Dr Dimitris Papamargaritis Speakers: Dr Isabel Howat (Physician), Dr Jennifer James (Physiotherapist), Ms Cheryl Fox (Community Connector), Ms Nikki Coughlan (Health Coach)	
11:00 am	Case 1: Heart Failure with Preserved Ejection Fraction
11:30 am	Case 2: Frailty
12:00 pm	Case 3: Type 1 diabetes
Lunch: 12:30 - 13:15	
Lilly Sponsored Symposium: 13:15 - 13:45 <div style="text-align: right;"><i>Lilly</i></div> <p>Understanding Obesity Using the 5 A's Management Framework</p> <p>This is a non-promotional symposium developed and funded by Lilly for UK healthcare professionals only. Lilly has provided a sponsorship towards this conference, however, have had no input, control or influence over the agenda, speaker selections, presentations, or collateral content, except for this symposium session.</p> <p>Speakers: Dr Dimitrios Papamargaritis and Dr Piya Sen Gupta</p> <p>PP-LD-GB-3064 September 2025</p>	
Session 3: Future of Obesity Services 13:45 to 16:00 Facilitator: Professor Alexander Miras Co-facilitators: Ms Lindsay Cary (Advanced Dietitian in Obesity and Diabetes, ICS Weight management Programme Senior Manager), Ms Lucy Marquis (Transformation Clinical Lead for Integrated Care Community Nursing, LTC & Therapies), Ms Cheryl Fox (Community Connector)	
13:45- 16:00	Introduction and update on Nottingham meeting. It will cover: Pathways, Services and Funding of Obesity services. Including integration of secondary care, role of GPs, community models and prescribing capacities.
16:00 – 16:30	Open discussion/AOB/Close of meeting