



# NORTH EAST OBESITY FORUM MEETING



Regional Group of the Association for the Study of Obesity

## *'Barriers to a Healthy Lifestyle'*

@NE\_ObesityForum #NEOF

**Date:** Wednesday 18<sup>th</sup> Oct 2017 4pm - 6pm

### Joel Halligan

PhD Student

**"No more Sunday dinners: Welfare 'reform' and food insecurity in Northeast England"**

### Dr Susanna Mills

Public health specialty registrar and NIHR Doctoral Research Fellow

**"Home cooking: Barrier or facilitator of a healthy lifestyle?"**

### Scott Lloyd

Health Improvement Commissioning Lead

Redcar & Cleveland Borough Council

&

### Andy Daly-Smith (via video)

Senior Lecturer in Physical Activity and Behavioural Science

Leeds Beckett University

**'Pilot evaluation of a curriculum based pedometer programme in primary schools'**

**Free registration!** There are a limited number of places available so please [Register Online](#) to avoid disappointment.

**Location:** Room 1.46 in the Barbara Strang Teaching Centre, Newcastle University

<http://www.ncl.ac.uk/conferences/venues/on-campus/barbara-strang/>

<http://www.ncl.ac.uk/media/wwwnclacuk/abouttheuniversity/files/campus-map.pdf>

You can also look at our page within the **ASO website:** [www.aso.org.uk/association/north-east/](http://www.aso.org.uk/association/north-east/)

**Save the date!!** The next NEOF meeting will take place in April 2018 at Newcastle University. Look out for further information nearer the date!