CHILD AND ADOLESCENT OBESITY IN WALES

Welsh Obesity Society & ASO Wales
Wednesday 26 June 2019
Cardiff Metropolitan University, Llandaff Campus,
Western Avenue, Cardiff, CF5 2YB

Objectives

- To outline the frequency, causes & consequences of obesity in children and young people.
- To establish an understanding of effective interventions for obesity in children and young people and facilitate the sharing of good practice and opportunities for networking.

PROGRAMME

15.30 Registration and refreshments

16.00 Welcome and introduction
Professor Nadim Haboubi, Chair Welsh Obesity Society
Dr Simon Williams, Chair UK ASO

16.10 Childhood Obesity in Wales: The Scale of the Problem
Lucy O’Loughlin, Public Health Wales

16.30 The Genetics of Severe Childhood Obesity –
Dr Agatha van der Klaauw, University of Cambridge

16.50 The Impact of Cultural, Social and Psychological Factors on Childhood Obesity
Dr Hazel Baker and Dr Naomi Swift, Aneurin Bevan University Health Board

17.10 How does feeding in the first year of life affect weight and eating behaviour?
Lessons for obesity prevention
Sara Jones, Swansea University

17.30 Break
18.00 Effective Intervention from Early Life: Learning from HENRY
   *Kim Roberts, CEO HENRY*

18.20 Children’s Healthy Weight: from Bigger Picture to Smaller Screen
   *Professor Gareth Stratton, Swansea University*

18.40 Physical Literacy - The Role of Motor Competence in Supporting a Positive Health Trajectory
   *Dr Nalda Wainwright, University of Wales Trinity St David*

19.00 The Evidence Base for Use of Very Low Calorie Diets in Paediatrics
   *Olivia Colleypriest, Aneurin Bevan University Health Board*

19.20 Managing Severe Obesity in Children & Adolescents – The Aneurin Bevan UHB Service
   *Dr Rebekah Pryce, Aneurin Bevan University Health Board*

19.40 Panel Discussion

20.00 Networking and refreshments