



ASSOCIATION FOR THE
STUDY OF OBESITY

**Norfolk Obesity Network & Eastern Region Association for the Study of Obesity
Meeting
Thursday May 11th - Norwich**

[Lecture Theatre - Bob Champion Research Building](#)
[University of East Anglia, Norwich](#)

Obesity and Psychology; environment, appetite, & behavioural control. How can we address these areas in clinical practice?

Draft Programme

14.50 Registration and Coffee

Chair Dr Carly Hughes and Sharon Thompson, Obesity Specialist Nurse Practitioner

15.00 Obesity and Psychology; environment, appetite, & behavioural control
Professor Jason Halford, University of Liverpool

15.30 Inhibitory Control Training as a potential behavioural intervention for overweight and obesity
Dr Andrew Jones, Lecturer, University of Liverpool

16.10 Psychological assessment and therapy in a Tier 3 service. Case examples
Fakenham weight management service/ NNUH service

Registration

This meeting is free to attend for ASO members and Norfolk Obesity Network (NON) members. For non-members, the registration fee is £10. You must register online to attend this event. [Become an ASO member and attend this event for free](#). If you wish to become a NON member please email deana.alexander@nhs.net.

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