



ASSOCIATION FOR THE
STUDY OF OBESITY

Weight Management before, during and after pregnancy

Wednesday 24th January 2018 - Queens University Belfast

Main Site, Peter Froggatt Centre, Room PFC/02/026

University Road, Belfast, BT7 1NN

Programme

24 th JANUARY 2018 – QUEEN'S UNIVERSITY BELFAST			
1-1.50PM	LUNCH		
	TOPIC	TITLE	SPEAKER
1.50PM-2PM	Welcome address	Regional Lead ASO NI	Dr Laura McGowan
2-2.30pm	Challenges of weight management: reviewing evidence	Postpartum and inter-pregnancy weight management: challenges and opportunities	Dr Michelle McKinley
2.30pm-2.50pm	Preconception attitudes and issues	Preparing for pregnancy: <i>Do we?</i>	Ben Cairns
2.50pm-3.10pm	Obesity in pregnancy	Obesity in pregnancy: obstetric complications and outcomes	Dr Kelly-Ann Eastwood
3.10pm-3.30pm	Healthcare professional perceptions of weight management in pregnancy	Midwives' perceptions and knowledge of maternal obesity	Dr Mary McCann
3.30pm-3.45pm	TEA/COFFEE		
3.45pm-4.05pm	Physical activity during pregnancy	Pregnancy: a time to sit down and put your feet up? An investigation of antenatal physical activity	Dr Sinead Currie
4.05pm-4.25pm	<i>Weigh to a Healthy Pregnancy</i> – service perspective in NI	Weigh to a Healthy Pregnancy Regional Project	Michelle Toland
4.25-4.45pm	Weight management in postpartum period	Weight management in the postpartum period - the Supporting MumS (SMS) study	Dr Ciara Rooney
4.45pm-4.55pm	SUMMARY AND CLOSE		