

Regional Highlights in Obesity

Norfolk Obesity Network and ASO East of England Regional Group Meeting

**Hosted by the Institute of Food Research
Norwich Research Park, Colney, Norwich NR4 7UA**

Tuesday March 1, 2016

Programme

- 13.30 Registration
- 14.00 **Gut microbes and obesity: Fact or fiction?**
Professor Simon R. Carding, Leader, Gut Health and Food Safety Programme Institute of Food Research, Professor Mucosal Immunology Norwich Medical School University of East Anglia.
- 14.30 **Sporting Interventions to Promote Health, Wellbeing and Physical Activity in Norfolk. The Fun & Fit and Mobile Me Projects.**
Rachel Cooke, Amanda Burke Norwich Medical School, University of East Anglia.
- 15.00 **Extended weight loss referrals: 12 month outcomes from the WRAP trial.**
Dr Amy Ahern, Investigator scientist MRC Cambridge Human Nutrition Research.
- 15.30 Refreshments.
- 15.45 Ten minute slots for local researchers to present current projects.
- 16.30 Close

This SCOPE Accredited meeting is free for ASO members, Norfolk Obesity Network members and Institute of Food Research staff. For non-members, the registration fee is £10.

This event has been awarded a total of 1.5 SCOPE points.