

Joint ASO Scotland Network & BESTS Meeting

Obesity prevention and treatment: Connecting research & practice across disciplines

Friday, 30th November 2018

9:30 – 16:00

Venue: Block D, Paisley Campus, University of the West of Scotland, High St, Paisley PA1 2BE

Final Programme

9:30 - 10:00	COFFEE & REGISTRATION
10:00 - 10:30	WELCOME FROM ASO SCOTLAND NETWORK , Prof Mike Lean, Chair of Human Nutrition at the School of Medicine, Dentistry & Nursing, University of Glasgow WELCOME FROM BESTS , Kevin McMahon, Bariatric Nurse, NHS Ayrshire and Arran
10:30 - 11:00	Obesity prevention and treatment – from paper to person Dr Ruth Campbell, Consultant Dietitian in Public Health Nutrition, NHS Ayrshire and Arran
11:00 - 11:15	COFFEE/COMFORT break
11:15 – 12:30	ROUND TABLE DISCUSSIONS Guiding topics: <ul style="list-style-type: none"> ✓ What aspects of obesity prevention and treatment work well in Scotland? ✓ What can we do better? ✓ What is missing/needed (e.g. services, capacity, evidence, resources)? ✓ How can we improve the current situation?
12:30 – 13:30	LUNCH
13:30-14:00	ROUND TABLE FEEDBACK
14:00-14:30	Organisational learning, impact developing and implementing maternal and child weight management interventions Anne Gebbie-Diben, Health Improvement Lead nutrition, Physical Activity & Weight Management, NHS Greater Glasgow & Clyde
14:30-14:45	COMFORT break
14:45-15:15	Long-term weight loss outcomes and economic evaluation of a weight management program for men delivered through professional football clubs Dr Cindy Gray, Senior Lecturer, Institute for Health and Wellbeing, University of Glasgow
15:15-15:45	Psychological interventions in obesity and bariatric surgery Dr Denise Radcliffe, Consultant Clinical Psychologist
15:45-16:00	ROUND UP & CLOSE