

2017 EMBMI/ASO Midlands Regional Group Obesity Symposium

Tuesday 9th May, 2017

University of Derby - Enterprise Centre. 37 Bridge St, Derby DE1 3LA

Draft Programme

13.45 Registration and refreshments with opportunity to meet sponsors

Afternoon – Session 1

- 14.05 Introduction to Midlands ASO / EMBMI 2017 Meeting.
Dr Iskandar Idris, Associate Professor in Diabetes and Vascular Medicine at the University of Nottingham and Honorary Consultant Bariatric Physician at the Derby Teaching Hospital.
- 14.10 Why Weight - Maintenance and repairs of the East Midlands obesity pathways?
Professor Derek Ward, Professor of Public Health & Head of the Centre for Health and Social Care Research at the University of Derby.
- 14.35 Weight loss and GLP-1 treatment in Tier 3 services prior to bariatric surgery: Does it make a difference to post-operative weight loss?
Sally Abbott, Clinical Researcher at the University of Birmingham and Senior Dietitian at Heartlands Hospital Birmingham.
- 14.55 Psychological Approaches to Weight Management?
Caroline Savidge
Psychology lead for Live Life Better - Derbyshire Community Healthcare NHS Trust.
- 15.15 Pregnancy as the most important time for providing weight management support using a life-course approach.
Dr Amanda Avery, Assistant Professor in Dietetics at the University of Nottingham.
- 15.40 Refreshments with opportunity to meet sponsors

Afternoon – Session 2

- 16.00 The role of schools in childhood obesity prevention.
Professor Peymane Adab, Professor of Chronic Disease Epidemiology & Public Health at the Institute of Applied Health Research, University of Birmingham.
- 16.20 Bariatric surgery – Are minority ethnic groups different in terms of access and outcomes?
Sekesai Dachi, Researcher at the institute of Applied Health Research, University of Birmingham
- 16.35 Increasing physical activity and reducing sedentary time for optimising metabolic health: More than just weight loss.
Dr Thomas Yates, Reader in Physical Activity, Sedentary Behaviour and Health at the NIHR Leicester-Loughborough Diet, Lifestyle and Physical Activity Biomedical Research Unit, University of Leicester.
- 17.00 Calling International Rescue: Bariatric Surgeries are go!
Dr Philip McTernan, Reader, Diabetes and Metabolism at the University of Warwick
- 17.25 Dinner with opportunity to meet sponsors

Evening – Session 2

- 18.10 Bariatric surgery: What do non-surgeons need to know.
Mr Sherif Awad, Lead for the East Midlands Bariatric & Metabolic Institute.
- 18.25 GP's perspective on bariatric surgery and post op management.
Dr Helen Parretti, NIHR Clinical Lecturer at the Institute of Applied Health Research, University of Birmingham and General Practitioner.
- 18.50 Clinical management of childhood obesity (and their families!).
Dr Michal Ajzensztejn, Consultant Paediatrician in Endocrinology at Guys & St Thomas' Hospital, London.
- 19.10 Debate - "Surgery is superior to all other treatments in Class 3 obesity (BMI >40)
For: Professor Richard Donnelly, Professor in Medicine at the University of Nottingham, and Honorary Consultant Bariatric Physician, Derby Teaching Hospitals NHS Foundation Trust.
Against: Mr Kamal Mahawar, Consultant Bariatric Surgeon, Sunderland Royal Hospital, Sunderland.
- 20.00 Q&A and close of meeting
Mr Sherif Awad, Lead for the East Midlands Bariatric & Metabolic Institute.