2017 EMBMI/ASO Midlands Regional Group Obesity Symposium
Tuesday 9th May, 2017
University of Derby - Enterprise Centre. 37 Bridge St, Derby DE1 3LA

Draft Programme

13.45  Registration and refreshments with opportunity to meet sponsors

Afternoon – Session 1

14.05  Introduction to Midlands ASO / EMBMI 2017 Meeting.
Dr Iskandar Idris, Associate Professor in Diabetes and Vascular Medicine at the University of Nottingham and Honorary Consultant Bariatric Physician at the Derby Teaching Hospital.

14.10  Why Weight - Maintenance and repairs of the East Midlands obesity pathways?
Professor Derek Ward, Professor of Public Health & Head of the Centre for Health and Social Care Research at the University of Derby.

14.35  Weight loss and GLP-1 treatment in Tier 3 services prior to bariatric surgery: Does it make a difference to post-operative weight loss?
Sally Abbott, Clinical Researcher at the University of Birmingham and Senior Dietitian at Heartlands Hospital Birmingham.

14.55  Psychological Approaches to Weight Management?
Caroline Savidge
Psychology lead for Live Life Better - Derbyshire Community Healthcare NHS Trust.

15.15  Pregnancy as the most important time for providing weight management support using a life-course approach.
Dr Amanda Avery, Assistant Professor in Dietetics at the University of Nottingham.

15.40  Refreshments with opportunity to meet sponsors

Afternoon – Session 2

16.00  The role of schools in childhood obesity prevention.
Professor Peymane Adab, Professor of Chronic Disease Epidemiology & Public Health at the Institute of Applied Health Research, University of Birmingham.

16.20  Bariatric surgery – Are minority ethnic groups different in terms of access and outcomes?
Sekesai Dachi, Researcher at the Institute of Applied Health Research, University of Birmingham.

Dr Thomas Yates, Reader in Physical Activity, Sedentary Behaviour and Health at the NIHR Leicester-Loughborough Diet, Lifestyle and Physical Activity Biomedical Research Unit, University of Leicester.

17.00  Calling International Rescue: Bariatric Surgeon’s are go!
Dr Philip McTernan, Reader, Diabetes and Metabolism at the University of Warwick

17.25  Dinner with opportunity to meet sponsors
Evening – Session 2

18.10  Bariatric surgery: What do non-surgeons need to know.  
  Mr Sherif Awad, Lead for the East Midlands Bariatric & Metabolic Institute.

18.25  GP’s perspective on bariatric surgery and post op management.  
  Dr Helen Parretti, NIHR Clinical Lecturer at the Institute of Applied Health Research, University of Birmingham and General Practitioner.

18.50  Clinical management of childhood obesity (and their families!).  
  Dr Michal Ajzensztejn, Consultant Paediatrician in Endocrinology at Guys & St Thomas’ Hospital, London.

19.10  Debate - “Surgery is superior to all other treatments in Class 3 obesity (BMI >40)“  
  For: Professor Richard Donnelly, Professor in Medicine at the University of Nottingham, and Honorary Consultant Bariatric Physician, Derby Teaching Hospitals NHS Foundation Trust.  
  Against: Mr Kamal Mahawar, Consultant Bariatric Surgeon, Sunderland Royal Hospital, Sunderland.

20.00  Q&A and close of meeting  
  Mr Sherif Awad, Lead for the East Midlands Bariatric & Metabolic Institute.