Programme

13.00       Registration & refreshments with opportunity to meet sponsors

Afternoon - Session 1

13.50       Welcome and Introductions
Abd Tahrani and David Hughes

14.00       Public health - Healthy obesity: Does it exist?
Professor Neil Thomas, Regional Director for NIHR RDS West Midlands and Professor in Epidemiology and Research Methods, UoB

14.20       Bariatric surgery - Sleep apnoea outcomes after bariatric surgery
Ms Toritseju Sillo, Affiliation is Health Education, West Midlands

14.40       Psychology: Effects of metabolic signals on food reward, cognition and eating behaviours
Dr. Maartje Spetter, Post-doc research fellow, School of Psychology, University of Birmingham

15.00       Primary care - Weight management in primary care: Challenges and Tier 3 mapping
Dr Matthew Capehorn; GP with a specialist interest in obesity, and Clinical Manager of Rotherham Institute for Obesity (RIO)

15.30       Refreshments with opportunity to meet sponsors

Afternoon - Session 2

15.50       Medical - Obesity and male hypogonadism / mindfulness in the management of patients with obesity
Dr Tom Barber Associate Professor and Consultant Endocrinologist & Petra Hanson Academic clinical fellow at University of Warwick

16.10       Using economics to inform a Birmingham childhood obesity plan
Dr Emma Frew, NIHR Career Development Fellow and Reader in Health Economics, University of Birmingham

16.30       Duodenal Mucosal Resurfacing to treat Type II Diabetes’’ the REVITA 2 trial
Professor Krish Raganath, Professor of Gastrointestinal Endoscopy, University of Nottingham

16.50       Medical - Incretin, calorie restriction and muscle turnover
Dr Iskandir Idris, Associate Professor, Nottingham University & Honorary Consultant Physician at Derby Teaching Hospitals

17.10       Patients voice - Obesity stigma
Mr Ken Clare, Co-Chair of the European Association for the Study for Obesity Patient Council, trustee of ASO and BOMSS

17.40       Dinner with opportunity to meet sponsors

Evening - Session 1

18.30       Physical activity: Uncertainty and challenges of physical activity in the management of obesity
Dr David Broom, Senior Lecturer in Physical Activity and Health and Postgraduate Research Tutor for Sport, Sheffield Hallam University

19.00       Bariatric surgery: Options, outcomes and mechanisms
Mr Sherif Awad, Lead for the East Midlands Bariatric & Metabolic Institute

19.25       Debate: Current Tier 3 is essential to optimise patient care and bariatric surgery outcomes
For: Dr. David Hughes, WM Consultant at Derby Teaching Hospital. Against: Dr. Abd Tahrani NIHR Clinician Scientist, University of Birmingham and WM Consultant at HEFT and UHB. Chair: Sherif Awad

19.55       Close of meeting
Abd Tahrani, David Hughes, Sherif Awad