ASO East of England Network Meeting
Digital Solutions to Weight Management
Tuesday 26th June 2018 13.00 to 16.30
Alison Shrubsole Room, Homerton College
Hills Road, Cambridge, CB2 8PH

Programme

13.00 Welcome – Dr Amy Ahern and Dr Carly Hughes

13.10 Developing and evaluating the Power+ intervention: A digital weight management programme with brief nurse support  
Dr Kathryn Bradbury, University of Southampton

14.10 The NULevel trial of a scalable, technology-assisted weight loss maintenance intervention: Lessons learned  
Dr Liz Evans, University of Newcastle

15.10 Refreshment break

15.30 NoHoW: Evidence-based Tools for Weight Loss Maintenance 
Cristiana Duarte, University of Leeds

16.30 Close