

# Norfolk Obesity Network and ASO Adult centres for Obesity Management NNUH & Fakenham Obesity Training Day

Norfolk Obesity Network

**Date 12 October 2017**

Venue: Park Farm Hotel, Hethersett, Norwich. NR9 3DL

**Chairpersons: Dr Swe Myint / Dr Carly Hughes**

<b>09:00 - 09:30</b>	<b>Registration</b>
<b>09:30 - 09:40</b>	<b>Introduction and Chair – Dr Swe Myint</b>
09:40- 10:20	Complications in pregnancy and labour in the obese <b><i>Mr Alastair McKelvey, Consultant Obstetrician NNUH</i></b>
10:20- 11:00	Pre pregnancy care of the overweight woman <b><i>Dr Vidya Srinivas</i></b>
<b>11:00 - 11:20</b>	<b>Coffee Break</b>
11:20 - 12:00	GLP-1 analogues and other newer drugs in the management of obesity <b><i>Dr Swe Myint</i></b>
12:00 - 12:40	Acceptance-Commitment therapy in management of weight <b><i>Dr Sarah Fish</i></b>
12:40 - 13:00	Panel Discussion
<b>13:00 - 13:40</b>	<b>Lunch</b>
<b>13:40 - 13:50</b>	<b>Introduction and Chair – Dr Carly Hughes</b>
<b>13:50 – 16:40</b>	Interactive Workshops <ul style="list-style-type: none"><li>• Post bariatric surgery - nutrition deficiencies/surgical complications</li><li>• Psychological triggers to eating</li><li>• Medication changes in active weight loss</li></ul>
16:40 - 16:50	Evaluation and end of the training day

RCP CPD points applied for. Commercial sponsorship to be confirmed.

To book contact [karen.cullum@nnuh.nhs.uk](mailto:karen.cullum@nnuh.nhs.uk) with obesity training day in subject line  
Please indicate whether you a GP, primary care nursing staff or other (please specify). Places are free (industry sponsorship), but limited so please apply early.