

Obesity Services in Northern Ireland: Implementing the Clinical Resource Efficiency Support Team (CREST) recommendations

(Organised by the British Obesity and Metabolic Surgery Society and supported by the Association for the Study of Obesity Northern Ireland Network)

23rd January 2019, Europa Hotel Belfast

Penthouse Suite, 12th Floor

1730-1900

(Refreshments Provided)

Obesity remains one of the most important Public Health challenges facing Northern Ireland, with severe obesity (BMI >30) affecting 27% of adults and 9% of children. Sixty four percent of NI adults and 27% of children have a BMI greater than 25 (Health Survey for NI, 2017/18). Excess weight or obesity increases the risk of life-threatening disease, but its costs extend far beyond the health sector, affecting individuals, families, communities, the economy and society as a whole.

In response to this growing health problem an obesity prevention initiative “*A Fitter Future For All (2012-2022)*” has been implemented in Northern Ireland. In 2005, the Clinical Resource Efficiency Support Team (CREST) published detailed practical guidance on the management of people with obesity in secondary care. One of the main recommendations of this report was the establishment of specialist obesity services for adults and children. This involved setting up adult secondary care obesity management clinics with access to a surgical centre for obesity management.

This symposium will focus on the current provision of obesity services in Northern Ireland, the barriers that have prevented implementation of the CREST recommendations and consider potential solutions.

Please could we ask you to confirm your attendance by emailing: nichola@augis.org

AGENDA

Chair: Prof David Kerrigan (President-Elect, BOMSS) and Shaw Somers (BOMSS President)

17.30 Opening remarks

Shaw Somers, BOMSS President & Laura McGowan Psychologist, ASO, Northern Ireland

17.35 Obesity. A chronic disease: Biology and NICE guidance

Prof Rachel Batterham, Professor of Obesity, Diabetes & Endocrinology, UCLH London

Current provision of obesity services in Northern Ireland and how this could be improved:

17.45 A patient's perspective

Conor McDowell, Belfast

17.55 A Public Health perspective

Caroline Bloomfield, Health & Social Wellbeing Improvement Senior Manager (Belfast & SE Area)

18.05 A physician's perspective

Michael Ryan, Consultant Chemical Pathologist, Belfast

18.15 Transformation of NI Health and Social Care: Time for Change?

Mark Taylor, Transformation Implementation Group, Belfast

18.25 A surgeon's perspective

Barry Clements, Belfast

18.35 A Commissioner's perspective

Sophie Lusby, Assistant Director of Commissioning, Northern Ireland Health and Social Care Board

18.45 Discussion and Next steps