

# NORTH EAST OBESITY FORUM MEETING



Regional Group of the Association for the Study of Obesity

## 'Barriers to a Healthy Lifestyle'

@NE\_ObesityForum #NEOF

Date: Wednesday 18th Oct 2017 4pm - 6pm

Joel Halligan

PhD Student

"No more Sunday dinners: Welfare 'reform' and food insecurity in Northeast England"

#### **Dr Susanna Mills**

Public health specialty registrar and NIHR Doctoral Research Fellow

"Home cooking: Barrier or facilitator of a healthy lifestyle?"

#### **Scott Lloyd**

Health Improvement Commissioning Lead Redcar & Cleveland Borough Council

&

Andy Daly-Smith (via video)

Senior Lecturer in Physical Activity and Behavioural Science Leeds Beckett University

### 'Pilot evaluation of a curriculum based pedometer programme in primary schools'

**Free registration!** There are a limited number of places available so please <u>Register Online</u> to avoid disappointment.

Location: Room 1.46 in the Barbara Strang Teaching Centre, Newcastle University <u>http://www.ncl.ac.uk/conferences/venues/on-campus/barbara-strang/</u> <u>http://www.ncl.ac.uk/media/wwwnclacuk/abouttheuniversity/files/campus-map.pdf</u>

You can also look at our page within the ASO website: www.aso.org.uk/association/north-east/

Save the date!! The next NEOF meeting will take place in April 2018 at Newcastle University. Look out for further information nearer the date!