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Introduction

• Covid-19 has brought a significant number of challenges to the management of obesity.
• The need to reduce viral transmission through strict social distancing rules has had a dramatic impact on patient care.
• NHS England’s advice to stop all non-essential face-to-face contact with patients has led to the development of innovative solutions.
• However, there is a growing understanding that non face-to-face clinics miss the subtle non verbal expressions that can make a difference to clinical care.
• They also put an onus on the patient to self-monitor more than is considered usual care.
• Occasionally, these innovative solutions have a negative impact on the patient and healthcare professional.
• Aims:

• To produce a consensus statement concerning best clinical practices utilised by ASO Centres of Obesity Management that have evolved due to the need for social distancing brought about by the Covid pandemic.
Objectives:

- Contact all ASO Centers of Obesity Management and invite them to join in with the project.
- Undertake a series of semi-quantitative interviews using MS Teams to explore key domains:
  - Care during Covid, Communication during Covid, Mental wellness of patients/staff, patient self-management/monitoring, digital exclusion & other emerging topics.
- Analyse interviews & develop a list of statements concerning best practice.
- Invite participants to join an online Delphi method process to determine consensus from the list of statements.
- Finally, discuss the outcomes through online webinar to gain feedback from participants as well as patient groups prior to publication.
• The process of bringing centres together through an online forum will hopefully provide other benefits.
• These can not be easily measured but include:
  • Developing professional links through the process of networking,
  • Encouraging future collaboration between centres,
  • Providing a forum to share ideas,
  • Facilitate patient engagement.
Further information

- Sponsor: University Hospitals Derby & Burton NHS Trust
- Chief Investigator: Dr David Hughes
- Researcher: Guy Holt
- When do we start:

www.cosmic19.com