



All-island Obesity Action Forum invites you to The role of appetite in obesity

Date Tuesday 8th November 2016 **Location** Spencer Hotel, Dublin **Time** 9.30am–1.30pm

Time	Programme	Speaker
9.30am–10.00am	Registration with tea & coffee	
10.00am–10.10am	Welcome by safefood	Mr Ray Dolan safefood
10.10am–11.40am	Session 1	Chair: Dr Grace O' Malley
10.10am–10.50am	Biological, psychological and environmental triggers of eating behaviour	Prof Jason Halford University of Liverpool
10.50am–11.10am	Genetic influences on appetite and children's nutrition	Dr Clare Llewellyn University College London
11.10am–11.30am	Habit and unconscious food behaviours	Dr Mary McCarthy University College Cork
11.30am–11.50am	Break	
11.50am–1.00pm	Session 2	Chair: Prof Jason Halford
11.50am–12.15pm	Family environmental influences on children's eating behaviour and appetite	Dr Faye Powell University of Bedfordshire
12.15pm–12.35pm	Exercise and appetite regulation	Dr David Stensel Loughborough University
12.35pm–12.55pm	A calorie is not a calorie; how taste, texture and energy density affect satiation and energy intake	Prof Kees de Graaf Wageningen University
12.55pm	Closing remarks	Mr Ray Dolan safefood
1.00pm–1.30pm	Lunch and Networking	
1.30pm–3.30pm	Closed Forum Meeting	

Programme Overview

This workshop will examine the roles of biology, eating behaviour and the environment on what we eat. The event will welcome a range of national and international speakers who will present on current research looking at the various influences on appetite from genetics to the environment. Keynote speaker is Professor Jason Halford, who is Head of the Department of Psychological Sciences at the University of Liverpool and who has extensive experience regarding the determinants of appetite, eating behaviour and weight management.

Who should attend?

This event will be of interest to those working in obesity related areas in the voluntary community sector, academia, industry and government departments.

How to register

Please click [here](#) to register. If you are unable to attend we would be grateful if you could let us know as soon as possible.

Find out more

For more information about this event
E-mail: events@safefood.eu
Call: **(NI) 0800 085 1683**
(ROI) 1850 40 4567

For detailed directions to the Spencer Hotel please visit www.thespencerhotel.com

A workshop hosted by the All-island Obesity Action Forum supported by **safefood**, the Association for the Study of Obesity on the Island of Ireland and the Association for the Study of Obesity (UK).