

OBESITY SYMPOSIUM – DERBY

Tuesday 18th June 2019

Conference Centre at Rolls Royce Leisure, Derby

09:00 **Registration & refreshments with opportunity to meet sponsors**

Latest developments & research from West Midlands

Introduction to 4th Annual EMBMI / ASO Midlands Obesity Symposium

09:30 **2019**

Mr Sherif Awad; Bariatric Surgeon & Lead for East-Midlands Bariatric & Metabolic Institute (EMBMI)

09:40 **Preventing childhood obesity: an economist's perspective**

Dr Emma Frew, Reader in Health Economics and NIHR CDF at the University of Birmingham

10:00 **TBC**

Rachel Starchan, Senior Clinical Psychologist; University Hospitals Birmingham NHS Foundation Trust

10:20 **Obesity research using routinely collected data: opportunities and challenges**

Dr Krishnarajah Nirantharakumar; Clinical Fellow & Honorary Consultant in Public Health Medicine at University of Birmingham.

10:40 **Group sessions vs 1-2-1 lifestyle interventions: A Systematic Review**

Sally Abbott; Clinical Researcher at the University of Birmingham and Senior Dietitian at Heartlands Hospital Birmingham. and Pushpa Singh

10:50 **Bariatric surgery and real world outcome**

Dr Pushpa Singh, PhD Student at University of Birmingham

Organisation strategies to help support employees make healthier life

11:00 **choices'.**

Dr Deidre Phelan; Occupational Health Physician and Global Lead for Health & Wellbeing at Rolls Royce.

11:20 **Refrshements with opportunity to meet sponsors**

Lymphoedema and Excess skin

Lymphoedema management in patients with severe obesity. Outcomes of studies in this field and findings from the prevalence study that we

11:40 **performed in derby**

Dr Vaughan Keeley; Consultant in Lymphoedema at the University Hospitals Derby & Burton NHS Trust.

Excess skin surgery: Procedures offered/costs/patient selection/nhs criteria

11:55 **and pp criteria**

Miss Anne Dancey; Consultant Plastic and Reconstructive Surgeon, Birmingham

12:20 **Excess skin – Patient perspective.**

Paul Stevenson

12:50 **Dinner with opportunity to meet sponsors**

Obesity and Non-alcoholic fatty liver disease

13:40 The NAFLD spectrum in obesity: Update on mechanism and investigation.

Dr Andy Austin; Consultant Hepatologist at the University Hospitals Derby & Burton NHS Trust.

14:00 Screening for the NAFLD spectrum and bariatric surgery – is it important?

Mr Niall Dempster; Bariatric Surgical Research Fellow, Oxford Centre for Diabetes, Endocrinology and Metabolism, Churchill Hospital, Oxford, UK.

Hot topics

14:20 Genetic aspects of Obesity and Human Metabolism: an update

Dr Tom Barber; Associate Professor and Honorary Consultant Endocrinologist at University of Warwick and University Hospitals Coventry and Warwickshire

14:40 Dietetic aspects of Bariatric surgery

Mary O’Kane; Consultant Dietitian at Leeds Teaching Hospitals NHS Trust

Management of the 'troublesome' gastric band presenting to Tier 3 and Tier 4 services. EMBMI Guidelines on Revisional Surgery in gastric band

15:00 patients.

Mr Paul Leeder; Consultant Bariatric Surgeon at the University Hospitals Derby & Burton NHS Trust.

15:20 Refreshments with opportunity to meet sponsors

15:50 Annual Debate

GLP-1 drug therapies are superior to lifestyle interventions in obese patients with type 2 diabetes.

FOR: Dr Abd Tahrani

AGAINST: Dr Iskandar Idris; Associate Professor in Diabetes and Vascular Medicine at the University of Nottingham and Honorary Consultant Bariatric Physician at the University Hospitals Derby & Burton NHS Trust.

16:30 Closing Remarks

Dr David Hughes; Consultant Bariatric Physician at the University Hospitals Derby & Burton NHS Trust.