Community First Elswick

Supported By HealthWORKS Newcastle and Councillor Ann Scofield
People's Charter for Health and Wellbeing

Elswick, Newcastle
October 2014
We wanted to …

- Link communities to decision makers so we can be part of the decision making process
- Have our voices heard in the way priorities are set
- Influence how services are designed for us
- Be trusted to control some of the health & wellbeing budget allocated to our area
- Resource Community Driven Solutions
- Be realistic in our goals
- Focus on changing what CAN be changed
Elswick Health and Wellbeing Funding £13,460
devolved down to our group to develop a small grants process over a year
April 2015-March 2016
What we are working on now ....... Takeaways
Our Vision Project Timeline...
Takeaway Survey questions

We wanted to involve as many people as possible and shape the research

• How often do you eat takeaways?
• Why do you eat takeaways?
• What type of Takeaways do you eat most often?
• Who do you usually buy takeaway for?
• How much do you normally spend on takeaways per visit per person?
• Is the price likely to influence where you go?
• If healthier options were available in your takeaway what would you do?
Results…… Takeaways

HOW OFTEN DO YOU EAT TAKEAWAYS?

- a. Never (go to question 6) 17%
- b. Rarely/once a month 26%
- c. 1-2 times a week 30%
- d. 3-5 times a week 18%
- e. More than 5 times a week 9%
Some Examples of our Achievements

- Cabinet Office Funding
- Elswick Ward Committee Award for great contribution in the community
- Nelson Mandela Award
- Heath Simulation
- Health and Wellbeing Charter
- Invited to Houses of Parliament to receive the Public Excellence Award
- Health and Happiness Activity Fund (HAHA)
- Support the Adelaide Terrace Traders
Please take a copy of Our Story
Community First West End