



09:00 – 09:20	Registration
09:20 – 09:30	<p>Introduction</p> <p>Dr Alex Miras, Professor of Endocrinology, Ulster University</p> <p>Dr Dimitris Papamargaritis, Associate Professor in Diabetes and Endocrinology, University of Leicester</p>
09:30 – 09:55	<p>Approach to the person with obesity in the primary care</p> <p>Dr Michael Crotty, GP Clinical Lead Obesity, Irish College of General Practitioners</p>
09:55– 10:10	<p>Followed by a discussion of implementation in primary care with</p> <p>To be announced</p>
10:10 – 10:30	<p>Physical activity therapy for obesity - The evidence</p> <p>Dr James King, Reader in Clinical Exercise Science, Loughborough University</p>
10:30– 10:45	<p>Followed by a discussion of implementation in primary care with</p> <p>Dr Louisa Herring, Lead Research Associate - Physical Activity, Research and Implementation, Leicester Diabetes Centre</p>
10:45 – 11:05	Refreshment and Networking break
11:05 – 11:30	<p>Nutritional therapies for obesity – The evidence</p> <p>Karen Coulman, Research Fellow and Obesity Specialist Dietitian, University of Bristol</p>
11:30– 11:45	<p>Followed by a discussion of implementation in primary care with</p> <p>Dietician to be announced</p>
11:45 – 12:05	<p>Psychological therapies for obesity – The evidence</p> <p>Dr Samantha Scholtz, Consultant Psychiatrist, West London NHS Trust</p>
12:05– 12:20	<p>Followed by a discussion of implementation in primary care with</p> <p>Dr Sarah Appleton, Highly Specialist Clinical Psychologist, SEL Healthy Weight Programme, Guy's & St. Thomas' NHS Foundation Trust</p>
12:20 – 12:45	<p>Pharmacotherapy for obesity – The evidence</p> <p>Dr Dimitris Papamargaritis, Associate Professor in Diabetes and Endocrinology, University of Leicester</p>
12:45– 13:00	<p>Followed by a discussion of implementation in primary care with</p> <p>Dr Sue Kenneally, Obesity Physician, speaker, author, teacher</p>

13:00 – 13:40	Lunch and Networking break		
Please pick one workshop to attend in the following session			
13:40 – 14:40	Royal Suite Workshop 1 Funding for obesity services Facilitator to be confirmed	Talbot Workshop 2 Implementation of evidence for clinical pathways for obesity management Facilitator to be confirmed	Hampton & Windsor Workshop 3 Interaction between primary and secondary care for obesity Facilitator to be confirmed
Please pick one workshop to attend in the following session			
14:40 – 15:40	Royal Suite Workshop 1 Funding for obesity services Facilitator to be confirmed	Talbot Workshop 2 Implementation of evidence for clinical pathways for obesity management Facilitator to be confirmed	Hampton & Windsor Workshop 3 Interaction between primary and secondary care for obesity Facilitator to be confirmed
15:40 – 16:00	Refreshment and Networking break		
16:00 – 16:50	Discussion on workshops Dr Alex Miras , Professor of Endocrinology, Ulster University		
16:50 – 17:00	Closing remarks Dr Alex Miras , Professor of Endocrinology, Ulster University Dr Dimitris Papamargaritis , Associate Professor in Diabetes and Endocrinology, University of Leicester		



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