

A GP in Uist

DR JON ANDERSON



Rural Fellowship Uist

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Base practice Griminish
Surgery, Benbecula.

Working across islands in
GPs and Hospital.

Island's 4,000
inhabitants under NHS
Western Isles
healthboard.



Mrs M 56y F, Carer in community, mother of 2, ageing mother lives in croft adjacent on family land.

PmhX

Pre-diabetes 2018

Type 2 Diabetes 2020.

Low back pain 2020

Low Mood 2021

Depression 2022

Insomnia 2023

MRI Spine

Hypertension 2024

Hypercholesterolaemia 2024

Medication

~~1. Metformin~~

1. Metformin M/R

2. Gliclazide

~~3. Naproxen~~

3. Omeprazole

4. Empagliflozin

5. Co-codamol

6. Sertraline

7. Amitriptyline

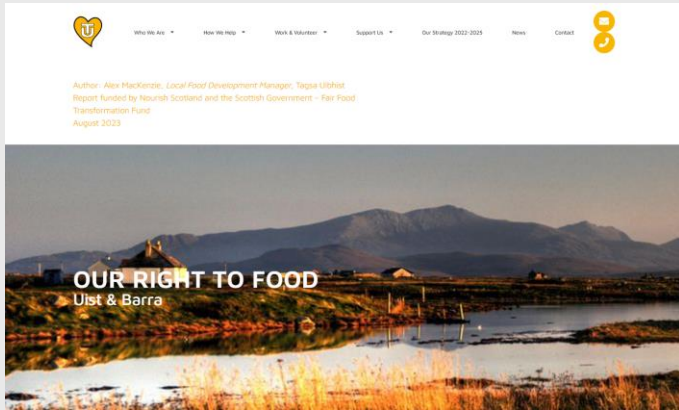
8. Amlodipine

9. Atorvastatin

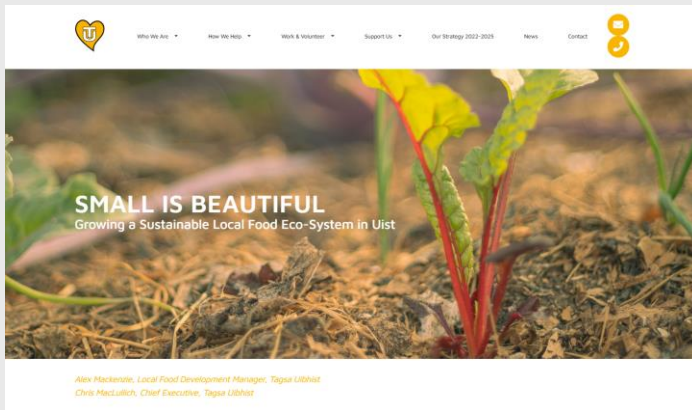
10. Laxido as required

11. Evorel sequi patches

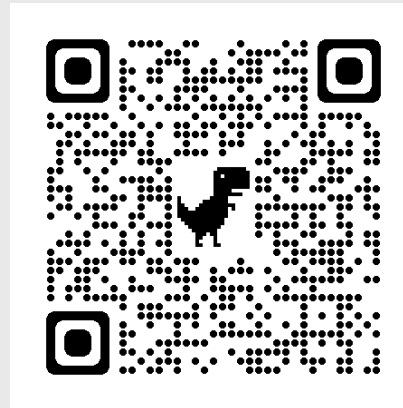
Seen by; GP, Practice Nurses, Dietetics, Gen Surgery, Endoscopy, PT, Paramedics, enhanced Ortho PT, Orthopaedics, Radiology.



<https://www.tagsa.co.uk/how-we-help/our-right-to-food/>



<https://www.tagsa.co.uk/how-we-help/small-is-beautiful/>



Tagsa Uibhist

Mission

From Eriskay to Berneray, we aim to enhance health and wellbeing at all stages of life by providing care and support and promoting social inclusion, participation, and dignity for all.

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9 passengers



48 Passengers

Healthcare barriers

Remote consultations for digitally isolated.

Strained Primary Care service; Dietetics, Physiotherapy, Community mental health team.

Transport links to clinics Western Isles Hospital reduced.

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